



## FOOD RESOURCES IN FREEBORN COUNTY

### FOOD PANTRIES

**Alden Area Food Shelf** – (507) 383-6913 – Redeemer Lutheran Church at 191 Water Street, Alden MN 56007 – Tuesday 4:00pm-6:00pm

**Ecumenical Food Pantry** – (507) 373-2035 – First Presbyterian Church at 308 Water Street, Albert Lea, MN 56007 – Tuesday and Friday 9:00am-11:45am – eligibility once per month – bring bags or boxes

**Salvation Army Food Pantry** – (507) 373-8776 – The Salvation Army Church at 302 Court Street, Albert Lea, MN 56007 – Monday through Thursday 2:00pm-4:00pm – eligibility once per month

**United Way Welcome Pantry** – (507) 373-8670 – 411 1<sup>st</sup> Avenue South, Albert Lea, MN 56007  
- Appointments available on the web Wednesday - 4-6 pm or Thursday - noon-2pm and 4-6 pm. Calls are limited to technical assistance only 507-320-3712. Visit the website for more information. Shoppers are welcome to shop once a month.



(<https://www.unitedwayfc.org/welcomepantry>)

**Little Free Pantry** - Salem Lutheran Church at 115 N. Washington Ave, Albert Lea MN 56007. 24/7 cupboard located outside. Find them at Albert Lea Little Free Pantry on Facebook. (<https://www.facebook.com/LittleFreePantryAL>)



**Little Free Pantry** - Hayward Lutheran Church at 200 Main Street, Hayward, MN 56043. The cupboard located outside is accessible 24/7.



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### READY-TO-EAT MEAL PROGRAMS

**Salvation Army Meal Site** – (507) 373-8776 – The Salvation Army Church at 302 Court Street, Albert Lea, MN 56007 – Monday through Friday 11:30am-12:30pm

**Loaves & Fishes** – (507) 373-1545 - St Theodore Catholic Church at Marian Hall, 315 E Clark St, Albert Lea, MN 56007 - Monday evenings from 4:45 pm–5:30 pm. Hot meals to-go.

**Trinity Lutheran Church** – (507) 373-2466 – 501 South Washington Avenue, Albert Lea Wednesday 5:00-5:30 pm or as supplies last. Meals every Wednesday.

**First Lutheran Church** - (507) 373-6424 - 301 W Clark St, Albert Lea, MN 56007 - Thursday 4:45 pm drive-through style for hot meals to-go.

### INCOME-BASED SUPPLEMENTAL FOOD PROGRAMS

**Channel One Food Bank and Food Shelf (USDA)** - (507) 287-2350 or 1-877-500-8699 – Commodity Supplemental Food Program (formerly NAPS) Minnesota seniors – 35-pound box of food 1x per month. Visit the website for more information.



<https://www.helpingfeedpeople.org/programs/senior-nutrition-program/>

**WIC (USDA)** - (507) 377-5289 - Freeborn County Public Health in the Courthouse, 411 Broadway S, Albert Lea, MN 56007 is a federal program for low-income women, infants, and children up to age 5.