



FOOD RESOURCES IN FREEBORN COUNTY

FOOD PANTRIES

Alden Area Food Shelf – (507) 383-6913 – Redeemer Lutheran Church at 191 Water Street, Alden MN 56007 – Tuesday 4:00pm-6:00pm. (verified as of 6/16/2026)

Ecumenical Food Pantry – (507) 373-2035 - First Presbyterian Church at 308 Water Street, Albert Lea, MN 56007 – Tuesday and Friday 9:00am-11:45am – eligibility once per month – bring bags or boxes. (verified as of 6/16/2026)

Salvation Army Food Pantry – (507) 373-8776 – The Salvation Army Church at 302 Court Street, Albert Lea, MN 56007 – Monday through Thursday 2:00pm-4:00pm - eligibility once per month. Visit the website for more information. <https://centralusa.salvationarmy.org/northern/albertlea/cure-hunger> (verified as of 6/16/2026)



United Way Welcome Pantry - (507) 373-8670 – 411 1st Avenue South, Albert Lea, MN 56007 - Appointments available on the web Wednesday - 4-6 pm or Thursday - noon-2pm. Calls are limited to technical assistance only 507-320-3712. Visit the website for more information. Shoppers are welcome to shop twice a month. (<https://www.unitedwayfc.org/welcomepantry>) (verified as of 6/16/2026)



Little Free Pantry - Salem Lutheran Church at 115 N. Washington Ave, Albert Lea MN 56007. 24/7 cupboard located outside. (verified as of 6/16/2026)

Little Free Pantry - Hayward Lutheran Church at 200 Main Street, Hayward, MN 56043. Pantry items available in church office during business hours Mondays and Thursdays from 9 am – 3 pm. (verified as of 6/16/2026)

Updated – 6/16/2026

The most up-to-date food resource list can be found at <https://www.unitedwayfc.org/foodresources>.





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Little Free Pantry – Homestead Boutique at 211 South Newton, Albert Lea MN 56007. Inside front entrance, self-serve, open 24/7. Find them on Facebook.



<https://www.facebook.com/thehomesteadboutiquemn> (verified as of 6/16/2026)

READY-TO-EAT MEAL PROGRAMS

Salvation Army Meal Site – (507) 373-8776 – The Salvation Army Church at 302 Court Street, Albert Lea, MN 56007 – Monday through Friday 11:30am-12:30pm. Visit the website for more information. <https://centralusa.salvationarmy.org/northern/albertlea/cure-hunger> (verified as of 6/16/2026)



Loaves & Fishes – (507) 373-0603 - St Theodore Catholic Church at Marian Hall, 315 E Clark St, Albert Lea, MN 56007 - Monday evenings from 4:45 pm–5:30 pm. Hot meals to-go. (verified as of 6/16/2026)

Trinity Lutheran Church – (507) 373-2466 – 501 South Washington Avenue, Albert Lea Wednesday 5:00-5:30 pm or as supplies last. Meals every Wednesday. (verified as of 6/16/2026)

First Lutheran Church - (507) 373-6424 - 301 W Clark St, Albert Lea, MN 56007 - Thursday 4:45 pm drive-through style for hot meals to-go. (verified as of 6/16/2026)

INCOME-BASED SUPPLEMENTAL FOOD PROGRAMS

Channel One Food Bank and Food Shelf (USDA) - (507) 287-2350 or 1-877-500-8699 – Commodity Supplemental Food Program (formerly NAPS) Minnesota seniors – 35-pound box of food 1x per month. Visit the website for more information.



<https://www.helpingfeedpeople.org/programs/senior-nutrition-program> (verified as of 6/16/2026)

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WIC (USDA) - (507) 377-5289 - Freeborn County Public Health in the Courthouse, 411 Broadway S, Albert Lea, MN 56007 is a federal program for low-income women, infants, and children up to age 5. Visit the website for more information. <https://www.health.state.mn.us/people/wic/index.html>
(verified as of 6/16/2026)



SEMCAAC Meals on Wheels Alden and Glenville - (507) 373-7759 - seniors 60+ confined to their home or unable to prepare a balanced meal. Spouses are automatically included as eligible regardless of age. Volunteers deliver meals to the recipient's home. Recipients are given the opportunity to donate toward the cost of the meal, but no one is denied a meal because of an inability to contribute. SNAP/EBT, debit/credit cards, or checks welcome. Visit the website for more information. <https://www.semcac.org/meals-on-wheels> (verified as of 6/16/2026)



CONGREGATE SENIOR DINING

SEMCAAC Senior Dining - (507) 373-7759 - Available Monday-Friday 11:30 am at Senior Tower 905 Maple Hill Drive, Albert Lea, MN 56007. Visit the website for more information. <https://www.semcac.org/senior-dining> (verified as of 6/16/2026)



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